

**BLACK RASPBERRY CHOCOLATE CHIP Frozen Yogurt - BLACK RASPBERRY YOGURT WITH LOTS OF CHOCOLATE CHIPS**

Ingredients - Milk, cultured skim milk, (contains active yogurt cultures), sugar, cream, skim milk, corn syrup, raspberries, chocolate liquor, cocoa butter, pure vanilla, and all natural stabilizer (carob bean gum, guar gum, soy lecithin, carrageenan, and dextrose), red #40, blue #1 & #2 .

<b>Nutrition Facts</b>			
Serving Size 1/2 cup (74 g)			
Servings Per Container 8			
<b>Amount Per Serving</b>			
<b>Calories</b> 130		Calories from Fat 45	
<b>% Daily Value*</b>			
<b>Total Fat</b> 5g			<b>8%</b>
Saturated Fat 3g			<b>15%</b>
<i>Trans</i> Fat 0g			
<b>Cholesterol</b> 15mg			<b>5%</b>
<b>Sodium</b> 55mg			<b>2%</b>
<b>Total Carbohydrate</b> 20g			<b>7%</b>
Dietary Fiber 0g			<b>0%</b>
Sugars 17g			
<b>Protein</b> 3g			
Vitamin A 2%	?	Vitamin C	0%
Calcium 10%	?	Iron	0%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:			
	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g
Calories per gram:			
Fat 9 ? Carbohydrate 4 ? Protein 4			