

CAPPUCCINO CHIP Ice Cream - STRONG COFFEE ICE CREAM WITH CHOCOLATE CHUNKS

Ingredients - Milk, cream, sugar, corn syrup, skim milk, roasted coffee beans, coconut oil, gelatin, cocoa powder, butter ,pure vanilla and soy lecithin.

Nutrition Facts	
Serving Size 1/2 cup (74 g)	
Servings Per Container 8	
Amount Per Serving	
Calories 180	Calories from Fat 100
% Daily Value*	
Total Fat 12g	18%
Saturated Fat 7g	35%
<i>Trans</i> Fat 0g	
Cholesterol 35mg	12%
Sodium 50mg	2%
Total Carbohydrate 18g	6%
Dietary Fiber 0g	0%
Sugars 15g	
Protein 3g	
Vitamin A 8% ?	Vitamin C 0%
Calcium 8% ?	Iron 0%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Sat Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram:	
Fat 9 ? Carbohydrate 4 ? Protein 4	