EXTREME CHOCOLATE Ice Cream - DOUBLE DUTCH CHOCOLATE ICE CREAM, THICK, RICH FUDGE SWIRL AND LOTS OF CHOCOLATE FUDGE PIECES

Ingredients - Milk, cream, sugar, cocoa, corn syrup, skim milk, chocolate liquor, vanilla, stabilizer (egg yolk solids, carob bean gum, guar gum, carrageenan), whey, coconut oil, peanut oil, soy lecithin and natural flavors.

Nutrition Facts

Serving Size 1/2 cup (74 g)
Servings Per Container 8

Amount Per Serving

Calories 210	Calories from Fat 110
	% Daily Value*
Total Fat 12g	**18%**
Saturated Fat 6g	**30%**
Trans Fat 0g	
Cholesterol 25mg	**8%**
Sodium 60mg	**3%**
Total Carbohydrate 23g	**8%**
Dietary Fiber 1g	**4%**
Sugars 18g	
Protein 3g	

Vitamin A 6%	?	Vitamin C 0%	
Calcium 8%	?	Iron 2%	

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:
Fat 9 ? Carbohydrate 4 ? Protein 4