

OREO Ice Cream - VANILLA ICE CREAM CHOCK FULL OF OREO COOKIE PIECES

Ingredients - Milk, cream, sugar, corn syrup, skim milk, Oreo cookies (sugar, enriched wheat flour, canola, soybean, and/or palm oil, Dutch cocoa, corn syrup, baking soda, salt, soy lecithin, vanillin, chocolate), vanilla and gelatin.

Nutrition Facts			
Serving Size 1/2 cup (74 g)			
Servings Per Container 16			
Amount Per Serving			
Calories 170		Calories from Fat 90	
% Daily Value*			
Total Fat 10g			15%
Saturated Fat 6g			30%
<i>Trans</i> Fat 0g			
Cholesterol 35mg			12%
Sodium 60mg			3%
Total Carbohydrate 18g			6%
Dietary Fiber 0g			0%
Sugars 12g			
Protein 3g			
Vitamin A 8%	?	Vitamin C 0%	
Calcium 8%	?	Iron 0%	
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:			
	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g
Calories per gram:			
Fat 9 ? Carbohydrate 4 ? Protein 4			